



# Trinity Christian Academy

*Summer Camp Information*

## *June Camps*

### **Eagles Summer Athletic Strength & Conditioning: June 3rd - July 25th. All Incoming 7th - 12th Grade**

- ❑ 8am-10am All Incoming 7th-12th Grade

> Camp will continue throughout the entire summer with a weekly setup of Monday, Tuesday, and Thursday. Camp will focus on building the total athlete. Days will consist of strength training, speed, agility and include days with sport specific training for Volleyball, Football, and Basketball.

Cost: \$90      Registration: [www.tcaeaglescamps.com](http://www.tcaeaglescamps.com)

### **Eagle Boys Basketball: June 3rd - 6th**

- ❑ 9am - 12pm All Incoming 6th - 8th Grade Boys
- ❑ 1pm - 4pm All Incoming 3rd - 5th Grade Boys

> Eagle Basketball Camp: The primary purpose of the camp will be to learn the fundamentals of the game, learn to compete, HAVE FUN and build a LOVE for the game.

Cost: \$100      Registration: [www.tcaeaglescamps.com](http://www.tcaeaglescamps.com)

### **Eagle Football Camp: June 17th - 20th**

- ❑ 9am - 12pm All Incoming 6th - 8th Grade Boys

> Eagle Football Camp: For athletes who want to learn and practice the basic skills needed to succeed in football. Camp will work on all elements of the game with a primary emphasis on drills and techniques specific to each position.

> Campers will need running shoes and cleats (bring both) and water or Gatorade.

Cost: \$90      Registration: [www.tcaeaglescamps.com](http://www.tcaeaglescamps.com)

# Trinity Christian Academy

## July Camps

### Lady Eagle Girls Basketball Camp: July 8th-11th

- ❑ 9am - 12pm All Incoming 7th-9th Grade
- ❑ 1pm - 4pm All Incoming 3rd-6th Grade

> The primary purpose of the camp is to further the girls' knowledge, skills, and LOVE for the game of basketball. Basic fundamentals of passing, shooting, ball-handling, and defense will be taught.

Cost: \$100      Registration: [www.tcaeaglescamps.com](http://www.tcaeaglescamps.com)

### Lady Eagles Volleyball Camp: July 15th-19th

- ❑ 9am - 12pm All Incoming 6th-8th Grade
- ❑ 1pm - 4pm All Incoming 9th-12th Grade

> Incoming 6th-8th grade camp is specifically designed to help younger players and teams get ready for their upcoming season. Improving on all skills, competition, and having fun while playing the game.

> High school camp is focused on both the individual skills of each player and team building through various competitions. The camp will provide each player with skill specific work in all facets of the game. The camp will work to prepare players for their upcoming season and develop skills for a productive season.

Cost: \$90      Registration: [www.tcaeaglescamps.com](http://www.tcaeaglescamps.com)

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## July Camps

### Eagle Baseball Camp: July 15th-19th

- ☐ 9am - 12pm All Incoming 6th-8th Grade

>This camp will be a great opportunity for growth for both new players and seasoned veterans. The camp will focus on all aspects of the game with drill specific training for both defense and batting.

- ☐ Items Needed: Glove, Hat, Water or Gatorade, cleats, and any other equipment that may be needed.

Cost: \$90      Registration: [www.tcaeaglescamps.com](http://www.tcaeaglescamps.com)

## August Camps

### Eagle Squad Camp: August 6th-8th

- ☐ 4pm - 6pm All Incoming PreK 4 - 5th Grade

>Eagle Squad Camp is hosted by our JH and HS cheerleaders. During the camp, girls will train in simple stunts and cheer skills while also learning the cheers to perform at Varsity home games. The camp will also focus on building relationships with other cheer squad members and having FUN!

Cost: \$95      Registration: [www.tcaeaglescamps.com](http://www.tcaeaglescamps.com)